



Aesthetic Center

Medial Thigh Lifting

THIGH LIFT SURGERY PACKAGE

Procedure

The thigh lift is a cosmetic surgery procedure designed to tighten the skin of the thigh and reduce sagging in the inner or outer thigh and is an excellent way to achieve a firmer and more attractive-looking upper legs. Especially helpful for those who have loose, excess skin as a result of weight loss. There are several types of thigh lifts that target certain areas for specific results; therefore, during your thigh lift surgery consultation, your surgeon will discuss with you your treatment options and the results you can expect from thigh plasty.

Immediately before surgery, the doctor will mark the thighs while standing up. The skin is pinched and elevated towards the groin. An estimate is made of how much skin should be removed. The plastic surgeon designs the surgery so the final scar is hidden in the groin crease. Excess skin and fat are removed and the remaining thigh skin is elevated and tightened.

The Package Includes:

- Operating Room Charges : Operating Room , Scrub & Circulating Nurse, Recovery Room
- Accommodation for 2 Nights: Room and Nursing Service Charges, Regular Menu Food Charges
- Radiology Studies : Chest X-ray , if required
- Anesthesia : Pre-Anesthetics Drugs and General Anesthesia

- Laboratory Testing :
 - Necessary for the procedure if required by surgeon as CBC (Complete Blood Count), PT (Prothrombin Time) & PTT (Partial Thrombin Time), EKG (Electrocardiogram)
- Medical Equipment and Medical Supplies necessary for the procedure
- Medications : Routine medication used for procedure and during admission only
- Doctor Fees : Surgeon's Fees and Anesthesiologist's Fees
- Take home medications and supplies
- Follow up at the Aesthetic Department 1 -2 times
- Package is applicable for elective, uncomplicated patients

The Package Excludes:

- Charges for inpatient stay in excess of 2 nights. Additional charges for these days including room and other charges will be added to the package price at a normal hospital rates;
- Charges for intensive care, if necessary;
- Outpatient fees and expenses incurred before admission: Exercise Stress Test, Echo-cardiogram
- Any other charges for additional doctor consultations, laboratory profiles and medications not related to the procedure and charges related to additional condition, Diabetes, Hypertension, Thyroid, Asthma, Drug Allergy.

- Items of a personal nature such as in-room soft drinks, telephone charges and guest meals will be charged at the normal rates in effect.
- Charges for other procedure(s) or other plastic surgery procedure(s);

Hospital Admission

2 Nights Admission in Private Room

Pre-Operative

You should come to the consultation prepared to discuss your medical history. This will include information about any medical conditions, drug allergies, medical treatments you have received, previous surgeries and medications that you currently take.

Immediately before surgery, the doctor will mark the patient's thighs while standing up. The skin is pinched and elevated towards the groin. An estimate is made of how much skin should be removed.

Below are important points that you need to consider before undergoing any surgery:

- Stop smoking well in advance of surgery.
- Stop taking Aspirin, herbal or diet supplements and certain anti-inflammatory drugs at least 2 weeks as taking these substances can cause increased bleeding.
- Do not eat nor drink anything at least 6 – 8 hours before surgery.

- Use antibacterial soap and allow the soap lather to cover the skin of the surgical area for 10 minutes on the night before your surgery and in the morning of your surgery.

Post Operative Care

- Sterile dressing are placed on the incisions followed by an elastic garment that goes from the waist to just above the knees.
- Following your surgery, you are advised to rest as much as possible to avoid a lot of leg motion, which can affect the scar.
- During the first several days after surgery, it is not unusual to have drainage from your incisions. At the time of surgery fluid is injected into your thighs to decrease blood loss.
- Walking during the first 48 hours is strongly recommended as tolerated.
- Climbing stairs or activities that produce tension across the wounds such as squatting should be avoided.
- Recuperation for thigh lift surgery is usually 1-2 weeks.

Potential Risks & Complications

Our team and our plastic surgeons take every precaution possible to prevent and minimize the risks of surgery. However, much of the responsibility for risk avoidance rests with the patient as well.

Risks of General Anesthesia

The risks of general anesthesia include human error, unsuspected inherited hypersensitivity to anesthetic drugs, accidental overdose of anesthesia, any undetected airway disconnection or airway blockage. General anesthesia, which increases the risk of vomiting and impairs protective airway reflexes, can cause aspiration of stomach contents.

Bleeding

It is possible, though unusual, to experience a bleeding episode during or after surgery. Should post-operative bleeding occur, it may require emergency treatment to drain accumulated blood or blood transfusion.

Infection

Infection is unusual after this type of surgery. Should an infection occur, treatment including antibiotics or additional surgery may be necessary.

Change in skin sensation

Diminished (or loss of) skin sensation in the thigh area may not totally resolve after thigh lift.

Skin contour irregularities

Contour irregularities and depressions may occur after thigh lift. Visible and palpable wrinkling of skin can occur. Skin scarring is common. In rare cases, abnormal scars may result.

Seroma

Fluid accumulations infrequently occur in between the skin and the abdominal wall. Should this problem occur, it may require additional procedures for drainage of fluid.

Asymmetry

Symmetrical body appearance may not result from thigh lift. Factors such as skin tone, fatty deposits, bony prominence, and muscle tone may contribute to normal asymmetry in body features.

Delayed Healing

Wound disruption or delayed wound healing is possible. Some areas of the abdomen may not heal normally and may take a long time to heal. Some areas of skin may die. This may require frequent dressing changes or further surgery to remove the non-healed tissue.

Smokers have a greater risk of skin loss and wound healing complications.

Allergic reactions

In rare cases, local allergies to tape, suture material, or topical preparations have been reported. Systemic reactions which are more serious may occur to drugs used during surgery and prescription medicines.

Pulmonary complications

Pulmonary complications may occur secondarily to both blood clots (pulmonary emboli) or partial collapse of the lungs after general anesthesia. Should either of these complications occur, you may require hospitalization and additional treatment. Pulmonary emboli can be life-threatening or fatal in some circumstances.

Surgical Shock

In rare circumstances, this procedure can cause severe trauma, particularly when multiple or extensive areas are suctioned at one time. Although serious complications are infrequent, infections or excessive fluid loss can lead to severe illness and even death.

Should surgical shock occur after thigh lift, hospitalization and additional treatment would be necessary.

Pain

Chronic pain may occur very infrequently from nerves becoming trapped in scar tissue after thigh lift

General Dissatisfaction

There are risks of the results not living up to what you expected.

For more clarifications, please feel free to discuss your concerns to our plastic surgeon.

Thank You;

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